

The best of the Midlands at BBC Gardeners' World Live and BBC Good Food Show Summer



Returning to the NEC for four days of outstanding garden and food displays, demonstrations and much more, BBC Gardeners' World Live and BBC Good Food Show Summer will take place in Birmingham from 15 – 18 June 2023.

With all tickets providing access to both shows, visitors can enjoy two shows with one ticket, accessing a whole host of Midlands-grown talent and local businesses at this year's BBC Gardeners' World Live and BBC Good Food Show Summer.

Throughout Show, visitors can look forward to insights from local gardening and food experts across a variety of stages and features including BBC Gardeners' World Live's **Beautiful Borders, We Grow Stage, Let's Talk Plants Stage** and **House Plant Hub**, as well as BBC Good Food Show Summer's **Big Kitchen, Summer Kitchen** and **Let's Talk Good Food Stage**.

Gardeners can look forward to expert advice from home grown green-fingered experts including influencer and creator of @UKHousePlants, **Joe Bagley**, and BBC Radio West Midlands and BBC Coventry and Warwickshire's 'laughing gardener', **Darren Rudge**. Hosting daily sessions in the House Plant Hub, Leicestershire-born **Joe** teaches people about houseplant care and will offer his unique house plant advice at the House Plant Hub stage. Walsall-based, multi award-winning garden designer, broadcaster and lecturer, **Darren**, will lead exclusive and informative Plant Expert Tours each morning.

Taking place alongside each other, the BBC Good Food Show Summer will also be back, hosting a plethora of much-loved Midlands experts throughout the weekend, including Michelin star chef, **Glynn Purnell**, Brompton Cookery School owner and chef, **Marcus Bean**,

Wolverhampton's budget meals TikTok sensation, **Mitch Lane** and third-generation restaurateur and Cantonese chef, **Kwoklyn Wan**. At Thursday's Show, visitors can catch Glynn Purnell cooking up a storm in the Big Kitchen as he cooks live in the theatre or head to the Let's Talk Good Food Stage to discover the secrets of his success. Meanwhile, the Summer Kitchen will play host to 14 chefs with live cooking demonstrations and talks, providing plenty of recipe inspiration plus tips and tricks to enhance cooking at every level.

Offering stunning garden inspiration for smaller spaces, visitors can explore a selection of Beautiful Borders, created by Midlands-based designers and landscapers. From **Wander and Wonder**, designed by RHS Level 2 students from Winterbourne House and Gardens in Birmingham, which adopts 'explore and escape' as its key themes, to **As You Like It** by Birmingham-based garden designer, Katie Day, inspired by the Shakespeare play set in the Forest of Arden, just a short distance from the Show, plus many more.

Additionally, guests can discover and shop from a range of local exhibitors at the BBC Gardeners' World Live **Plant Village** and BBC Good Food Show Summer **Producers Village**. Discover the best of the Midlands' growers, nurseries and gardening suppliers including **David Cheshire Nurseries, Middleton Nurseries, Garden Organic, Plant Supports, Gap Garden Products** and **Hooksgreen Herbs** alongside a taste of the region with brands such as **Claudia's Kitchen, Brownie Che, Bakes for Your Soul** and much more.

Elsewhere at the Show, enjoy plenty of famous faces including green-fingered royalty, Monty Don, Carol Klein, Adam Frost, Frances Tophill and Alan Titchmarsh, alongside culinary stars such as James Martin, Ainsley Harriot, Nadiya Hussain, Michel Roux and The Hairy Bikers, as they take to the stage throughout the four-day weekend. Plus, visitors can explore Show Gardens, Beautiful Borders, the Floral Marquee, Summer Workshops, the Summer Kitchen and much more.

For more information and to book tickets to this year's Show, visit www.bbcgardenersworldlive.com or www.bbcgoodfoodshow.com/summer/.

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Notes to editors:

BBC Gardeners' World Live and BBC Good Food Show Summer takes place from Thursday 15th June – Sunday 18th June at the NEC in Birmingham. Standard adult tickets start from £27 per day.

Find out more and book tickets at <https://www.bbcgoodfoodshow.com/summer/> or bbcgardenersworldlive.com. Details correct at time of print.