


# BBC Gardeners' WorldLive

Sponsored by: 

15 – 18 June 2023  
Birmingham NEC

PRESS RELEASE: 30 May 2023



## The Young Grower flies the flag for Devon at BBC Gardeners' World Live in June

Award-winning Plymouth-based allotment gardener and YouTuber, Ben Thornton, aka The Young Grower, will unveil a stunning Beautiful Border at BBC Gardeners' World Live at the NEC Birmingham next month.

Much loved at BBC Gardeners' World Events, the Beautiful Borders competition is designed to offer inspiration for small gardens and challenging spaces. At just 9m<sup>2</sup>, the small-space show gardens are packed with creative planting and design features. This year's Beautiful Borders theme is 'My Garden Escape'.

Ben's border, the **Love Yourself & Nature Retreat**, is inspired by his journey of healing the mind and body through gardening and growing after he was paralysed as a teenager, following a rare spinal illness. The border will feature edible raised beds, vibrant colour and planting, and a calm area to enjoy the wonders of nature. Ben aims to show that anyone can grow, whatever their circumstances, and hopes that it will show how a garden can heal mind and body while creating a space to escape.

**Ben says:** “I had limited mobility when I started my gardening journey, but within a year of having my allotment, my body started to come back to life. By letting nature in, I have embarked upon a journey of healing in more ways than I could have imagined.”

**Rachel Poletti-Gadd, Portfolio Director - Gardening Division at Immediate Live, organisers of BBC**

**Gardeners’ World Live, said:** “Visitors flock to see the Beautiful Borders because they are literally bursting with creative, inspiring ideas than can be achieved at home. The Borders show that gardens don’t have to be large, costly or complicated to be full of colour and character, and that even the most challenging spaces, like a shady spot or a tricky corner, can be transformed with some imaginative design. Ben’s love for growing has not only been a hobby but a kind of therapy, both mentally and physically. We can’t wait to see his border in situ at BBC Gardeners’ World Live next month.”

BBC Gardeners’ World Live is a four-day extravaganza of garden inspiration, achievable take-home ideas and wonderful plants. Visitors can enjoy impressive Show Gardens, Beautiful Borders, competition gardens, and displays by specialist plant growers and nurseries in the Floral Marquee. The crème de la crème of gardening experts will be on stage at the BBC Gardeners’ World Live Theatre, with Monty Don, Adam Frost, Carol Klein, Frances Tophill and Alan Titchmarsh in conversation with Nicki Chapman, and sharing practical advice with the BBC *Gardeners’ World* Magazine editors.

There are plant and garden shopping opportunities galore, garden kit tips at the Tool Shed demonstration area, and one-to-one gardening advice from plant experts and specialists at the Let’s Talk Plants Stage. New for 2023 is Hot Off the Potting Bench, a feature display of new plants and varieties, all vying to win the new Peter Seabrook Award for Best New Plant at BBC Gardeners’ World Live. At the House Plant Hub, indoor gardening experts, Ellen Mary, Joe Bagley and friends will be sharing their secrets for happy, healthy house plants.

Tickets for BBC Gardeners’ World Live at the NEC Birmingham (15-18 June) are on sale now at [www.bbcgardenersworldlive.com](http://www.bbcgardenersworldlive.com), transaction fee applies. Tickets include entry to the BBC Good Food Show Summer which features demonstrations, workshops and interviews with culinary stars including James Martin, Nadiya Hussain, Michel Roux and Ainsley Harriott, plus street food, and delicious food and drink to taste and buy.

ENDS

**Notes to editors:**

For further information, interviews or pictures, please contact:  
Julie Parmenter at Brampton PR, e: [jparmenter@hotmail.co.uk](mailto:jparmenter@hotmail.co.uk), tel: 07775 715936

Press accreditation is open. To apply for a pass and for more information on the show, [please click here](#)

**BBC Gardeners' World Live, 15 – 18 June NEC Birmingham | [bbcgardenersworldlive.com](http://bbcgardenersworldlive.com). Event contact:**

[ssr@immediate.co.uk](mailto:ssr@immediate.co.uk).

Details correct at time of print. BBC Gardeners' World Live is organised and presented by Immediate Live (the trading name of River Street Events Ltd). The Gardeners' World logo is a trademark of BBC. © BBC.

Thursday 16 June 9am – 6pm

Friday 17 June 9am – 6pm

Saturday 18 June 9am – 6pm

Sunday 19 June 9am – 5pm

Co-located with the BBC Good Food Show Summer.

Book tickets: [bbcgardenersworldlive.com](http://bbcgardenersworldlive.com)

Information correct at time of writing

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